

Good	Your call	Bad	
Corn Syrup	Acesulphame potassium (#950)	Agave Syrup	Mannitol (#421)
Dextrose	Alitame (#956)	Fructose	Maple Syrup
Glucose	Aspartame (#951)	Fruit Juice Extract	Molasses
Glucose Syrup	Aspartame-acesulphame (#962)	Golden Syrup	Polydextrose
Lactose	Cyclamates (#952)	High Fructose Corn Syrup	Resistant Maltodextrin
Malt	Erythritol (#968)	Honey	Sorbitol (#420)
Maltose	Neotame (#951)	Inulin	Sucrose
Maltodextrin	Saccharin (#954)	Isomalt (#953)	Wheat dextrin
Maltodextrose	Stevia (#960)	Lactitol (#966)	
	Sucralose (#955)	Litesse	
	Thaumatococin (#957)	Maltitol (#965)	
	Xylitol (#967)		

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